



Prenatal Classes

A partnership between Child Development Centre and Northern Lights College



- **Classes held at Child Development Center**
- **9001 – 10th Street @ 6:30 – 8:30 pm**
- **Course Instructors:**
 - **Shallyn Kocis, Maternity RN**
 - **Shawny Fraser, Maternity RN**



Class outline

- Class One:** Labor, Delivery and Medical Interventions
Class Two: Baby Care
Class Three: Hospital Tour
Class Four: Breast Feeding and Bottle Feeding

January 2012

- Tuesday, Jan. 10th Labour and delivery
- Tuesday, Jan. 17th @ 7:15pm *Hospital Tour*
- Tuesday, Jan. 24th Baby Care
- Wednesday, Feb. 1st Breastfeeding

February 2012

- Wednesday, Feb 8th Labour and delivery
- Monday, Feb. 13th @ 7:15 *Hospital Tour*
- Tuesday, Feb. 21rd Baby Care
- Tuesday, Feb. 28th Breastfeeding

Registration at NLC – in person or call 782-5251

Cost \$70 per couple or mom to be and coach.

Financial support available please call Kim at (250) 782-1161